

ADVENTURE  
GUIDED



# Travel Scotland

# Why Scotland?

BECAUSE SCOTLAND CARRIES  
STORIES IN ITS VALLEYS, PATHS,  
AND RUINS, STILL WOVEN INTO  
DAILY LIFE.



# *I am your Guide*

ADVENTURE  
GUIDED

## I AM DARIO

I'M A GUIDE WHO VALUES REAL JOURNEYS OVER  
RUSHED PLANS.

I CARE ABOUT NATURE, LOCAL CULTURE, AND  
GENUINE HUMAN CONNECTION.

WITH GOOD PREPARATION AND A CALM, OPEN  
APPROACH, I GUIDE GROUPS SAFELY WHILE LEAVING  
SPACE FOR SHARED MOMENTS, CURIOSITY, AND THE  
JOURNEY TO UNFOLD NATURALLY.



*"Where the normal paths  
are ending, begins the  
real adventure"*



# Into the Highlands

A PASSAGE INTO THE HEART OF THE  
HIGHLANDS, WHERE SHIFTING WEATHER,  
OPEN LAND, AND ANCIENT PATHS DRAW  
YOU FULLY INTO THE LANDSCAPE,  
ATTENTIVE TO WIND, LIGHT, AND  
DISTANCE.





# The Highlands

Edinburgh

Knoydart

Skye  
and  
Highlands

THIS PATH FOLLOWS RIVERS, LOCHS, AND STONE-LINED VALLEYS.

WATER RUNS QUIETLY THROUGH THE LAND, CUTTING PATHS  
THROUGH ROCK AND PEAT. MOVEMENT IS GUIDED BY TERRAIN  
RATHER THAN TRAILS..

# What wonders are waiting for you



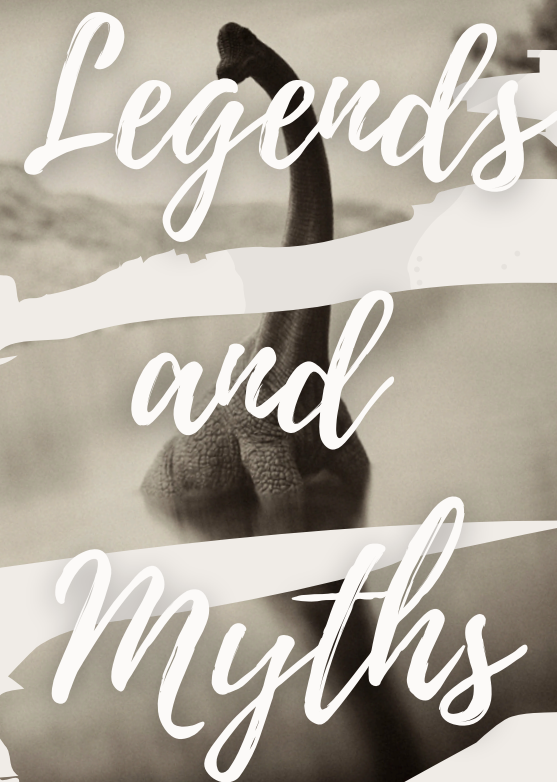
Ancient  
Buildings



Memory's  
for a lifetime



Wildcamping



Legends  
and  
Myths



Remote  
Highlands



Mystic  
Mountains

# Travel Route Board

Should we go  
here for next  
trip?



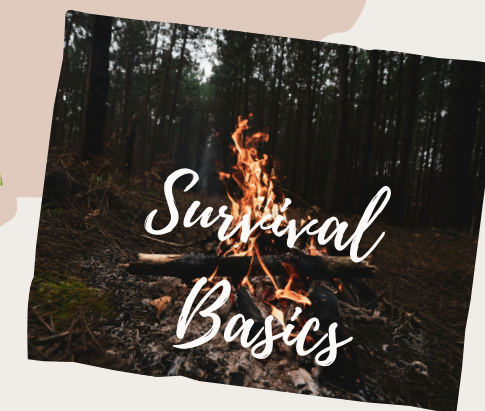
Our destination is  
here

FORT WILLIAM

Arrival and Goodbye

EDINBURGH

Meeting point!





MOVEMENT FOLLOWS A MIX OF ESTABLISHED PATHS, FAINT TRACKS, AND OPEN TERRAIN. NAVIGATION IS BASED ON READING THE LAND, UNDERSTANDING CONTOURS, VALLEYS, WATER LINES, AND WEATHER PATTERNS. DECISIONS ARE MADE CONTINUOUSLY AS TERRAIN AND VISIBILITY CHANGE.



DAILY LIFE IS REDUCED TO WALKING, RESTING, EATING, AND SETTING CAMP. CARRYING WHAT IS NEEDED, MANAGING ENERGY, AND TAKING RESPONSIBILITY FOR PERSONAL GEAR AND GROUP FLOW BECOME PART OF THE JOURNEY.



FIRE IS USED WHERE CONDITIONS ALLOW, TAKING INTO ACCOUNT WIND, MOISTURE, AND LOCAL REGULATIONS. COOKING HAPPENS OUTDOORS WITH MINIMAL EQUIPMENT, USING SIMPLE MEALS PREPARED TOGETHER. WEATHER OFTEN INFLUENCES HOW AND WHERE FIRE AND FOOD ARE MANAGED.



CAMPS ARE SET IN OPEN HIGHLAND TERRAIN, OFTEN NEAR LOCHS, RIVERS, OR SHELTERED VALLEYS. WE CHOOSE LOCATIONS BASED ON WIND, WEATHER, GROUND CONDITIONS, AND ACCESS TO WATER. CAMPS ARE SIMPLE, EXPOSED AT TIMES, AND SHAPED BY THE LANDSCAPE RATHER THAN COMFORT.



WALKING IN THE HIGHLANDS MEANS CONSTANT EXPOSURE TO WIND, RAIN, SHIFTING LIGHT, AND TEMPERATURE CHANGES. PACE, ROUTE CHOICE, AND DAILY PLANS ADJUST TO THE WEATHER RATHER THAN FIXED SCHEDULES.

# Why you should be part of it !

I CREATE JOURNEYS THAT GO FAR BEYOND SIMPLY VISITING PLACES. THESE TRIPS ARE ABOUT GOING DEEPER. DEEPER INTO THE LANDSCAPE, DEEPER INTO SHARED EXPERIENCE, AND DEEPER INTO OURSELVES. WE TRAVEL WITH INTENTION, USING NATURE AS BOTH CLASSROOM AND MIRROR.

ALONG THE WAY, I OFFER INVETATIONS SUCH AS SURVIVAL SKILLS AND ENVIRONMENTAL KNOWLEDGE, BUT ALSO SPACE FOR SELF REFLECTION, PRESENCE, AND REAL HUMAN CONNECTION. THE WILDERNESS BECOMES A PLACE WHERE STRANGERS TURN INTO A GROUP, AND A GROUP CAN BECOME A SMALL TRIBE. BONDS ARE FORMED THROUGH SHARED CHALLENGES, HONEST CONVERSATIONS, LAUGHTER BY THE FIRE, AND MOMENTS OF QUIET AWARENESS THAT STAY WITH YOU LONG AFTER THE JOURNEY ENDS.

AT TIMES, I CHALLENGE MY TRAVEL COMPANIONS TO STEP BEYOND THEIR COMFORT ZONE. NOT FOR ADRENALINE , BUT TO GENTLY EXPLORE WHAT LIES BEHIND FEAR. GROWTH OFTEN BEGINS EXACTLY WHERE CERTAINTY ENDS. BEFORE AND DURING EACH JOURNEY, WE TAKE TIME TO CHECK IN. WHAT IS YOUR INTENTION FOR THIS EXPERIENCE. WHAT DO YOU TRULY NEED RIGHT NOW. AND HOW CAN WHAT YOU LEARN HERE BE CARRIED BACK INTO EVERYDAY LIFE, INSTEAD OF BEING LEFT BEHIND AS A MEMORY.

FOR ME, NATURE IS FAR MORE THAN A DESTINATION. IT IS HOME. AND THESE JOURNEYS ARE AN INVITATION TO REMEMBER THAT HOME, WITHIN YOURSELF AND IN THE WORLD AROUND YOU.



*Every journey is a  
conversation with the  
world, and every step is  
a new word.*

*What is your  
Next Journey?*

*What is your  
Next Step?*



# Be Brave Stay

🐦 👁 📏 🌀 🏠 ~ | ▢ 🐦 🚶

🏠 🐦 🌀 🐦 🚶 | ▢ 👁

## Adventure Guided



@ADVENTUREGUIDED



ADVENTUREGUIDED@GMAIL.COM



WWW.ADVENTURE-GUIDED.COM